

2019 CATALOG

# ärder SPA

• A PROFESSIONAL LINE OF CANNABINOID RICH SPA PRODUCTS •

*NOURISH  
YOUR BODY*

INTRODUCING OUR NEWEST  
LINE OF MAGNESIUM  
INFUSED PRODUCTS



**'ärdər**SPA

Introducing 'ärdərSPA,  
the Professional Spa Line of  
back bar and retail products by  
'ärdər botanicals; a woman's wellness brand  
utilizing premium, natural plant medicines  
and practices from around the world. Each  
luxurious, mineral and vitamin rich formula is  
infused with a broad spectrum of powerful  
cannabinoids, not just CBD, for unparalleled  
pain relief, healing, and increased vitality.

Crafted with 100% domestic, organically  
grown hemp supplied by local farmers, and  
third-party lab tested for potency and purity



## **04 Hand Harvested Oils**

Using an innovative distillation process, the organic oils used in our products are made in France from hand harvested botanicals.

## **06 Product Overview**

Explore our selection of back bar massage products, as well as our luxuriously medicinal retail offerings.

## **15 Minerals: For Your Body & Mind**

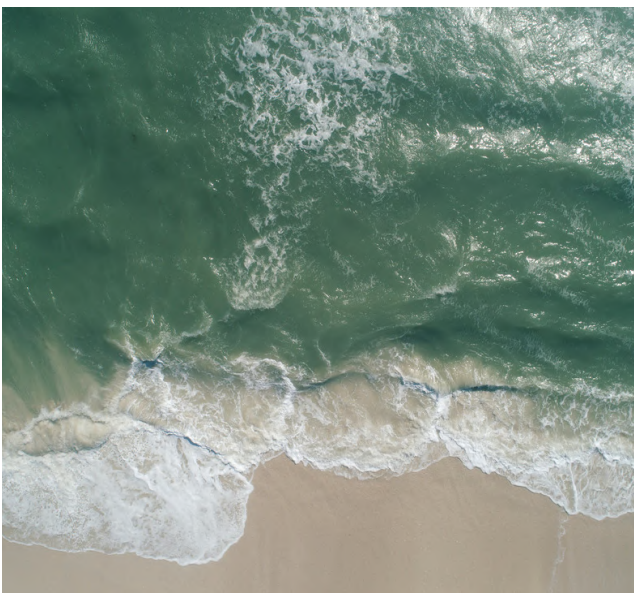
In the realm of self-care, magnesium is top of our list for helping to restore your body to its natural vitality.

## **17 More Than CBD**

There are more than 100+ medicinal compounds in the cannabis plant, CBD is only just the beginning.

## **19 Ingredient Spotlight: Seaweed**

Learn more about the many benefits of seaweed, and why its important to know where your seaweed comes from.





HAND HARVESTED

# Oils

The distillery can be found on the Caussols plateau in France, at more than 1000 meters of altitude. Florihana is a family owned distillery that produces a wide range of organic aromatherapy products such as essential oils, hydrosols, and vegetables oils. Florihana was established in an area naturally rich in biodiversity close to Grasse where flowers and wild plants thrive. Every year, wild plants are harvested by hand and with respect for nature. Florihana pays particular attention to the flowers and plants chosen to make high quality organic products. With over 20 years' experience in the distillation of aromatic and medicinal plants, the Florihana distillery is committed to strict quality control.

The essential oils and hydrolats from Florihana are made from an innovative distillation process at low temperature. This innovative technique allows the distillation to be performed at lower temperatures in order to preserve the characteristics of molecules produced by plants and obtain a very pure essential oil. The Hydrolats, also called floral water, which are made from the distillation water, also present an exceptional level of quality. Florihana is committed to the preservation of biodiversity and of traditional ways of harvesting wild plants. The wild lavender is harvested by hand every summer in Caussols on the mountains surrounding the distillery at 1450 meters of altitude (5600 feet altitude). For the sourcing of other plants that do not grow on the surrounding area Florihana makes a very strict selection based on analysis and organic certified labels such as: AB, JAS, ECOCERT, USDA, COSMOS ORGANIC.





# Massage Lotions

Rich in plant moisturizers and concentrated magnesium chloride, 'ärdärSPA massage lotions are silky smooth emulsions of organic oils, and luscious butters infused with premium full-spectrum CBD, pure CBG isolate, and arnica; for profound body relief both on and off the table.

Based on both age-old principles and cutting edge science, the method pf delivering minerals to the body through the skin transdermally is a simple, but profound way to make a difference in overall health and wellness.

With an estimated 75% of people acutely deficient in magnesium, many are suffering symptoms such as; migraines, chronic pain, low energy and insomnia, without realizing a simple remineralizing regimen can bring about long sought relief. By utilizing a transdermal application, the preferred method of magnesium supplementation, along with 150+mg of CBD and 50+mg of CBG per ounce, results are not only immediate, but also long lasting.

*Our scented lotions are further enhanced with specific aromatherapy profiles that include pure isolated terpenes; tapping into the powerful synergy of whole plant therapies, increasing skins permeability, and gently easing tired minds into a state of peaceful tranquility*

- High dose anti-inflammatory actives CBD and CBG ensure peak muscle relaxation with deep pain relief that lasts.
- MSM (Methylsulfonylmethane), increases skin permeation of actives; synergistically bonding for increased absorption.
- Scientifically proven to be the preferred dosing method for magnesium deficiency; shown to markedly improve intracellular magnesium levels.
- Formulated for even the most sensitive individuals
- Supports - Reduced muscle aches, pains, cramping and spasms, healthy skin and reduced outbreaks of eczema and psoriasis.
- Encourages - Increased sleep, increased energy levels and improved mood.

## BASE (UNSCENTED)

**160Z & 320Z**

*A skin nourishing base of concentrated magnesium, premium full-spectrum CBD and pure CBG isolate, in luxurious, unscented emulsion of certified organic ingredients.*

**Ingredients** – Water, Genuine Zechstein® magnesium chloride, organic vegetable glycerin, organic simmondsia chinensis (jojoba) seed oil, squalane (olive), cetearyl olivate, sorbitan olivate, organic cocos nucifera (coconut) oil, glyceryl stearate, cetyl alcohol, organic butyrospermum parkii (shea butter), hempseed oil, xanthan gum, lactobacillus ferment, MSM (Methylsulfonylmethane) cocos nucifera (coconut) fruit extract, sodium hyaluronate, full-spectrum hemp extract, CBG isolate.

**150mg CBD - 50mg CBG - 590mg Magnesium  
per ounce**

## NOURISH

**160Z & 320Z**

*All the amazing benefits of our unscented lotion, infused with cold-processed organic botanicals; wild French lavender, herbaceous vetiver, and spicy bergamot, to nourish both body and mind.*

**Ingredients** – Water, Genuine Zechstein® magnesium chloride, organic vegetable glycerin, organic simmondsia chinensis (jojoba) seed oil, squalane (olive), cetearyl olivate, sorbitan olivate, organic cocos nucifera (coconut) oil, glyceryl stearate, cetyl alcohol, organic butyrospermum parkii (shea butter), hempseed oil, xanthan gum, lactobacillus ferment, MSM (Methylsulfonylmethane) cocos nucifera (coconut) fruit extract, sodium hyaluronate, full-spectrum hemp extract, CBG isolate, organic wild french lavender essential oil, organic vetiver essential oil, organic bergamot essential oil.

**150mg CBD - 50mg CBG - 590mg Magnesium  
per ounce**

# Mineral Bath Soaks



Tapping into the ancient practice of **Thalassotherapy**, *bathing for health*, 'ärdärSPA mineral soaks are powerful single bath treatments, designed to increase vitality through elevated self-care.

Formulated for wellness, but handcrafted with luxury in mind, only the most prime natural elements of earth and sea are infused with broad-spectrum, cannabinoid rich CBD to deliver an unparalleled therapeutic spa experience, clients can continue at home.

Each mineral soak is unique, with an intention specific profile of vital actives, pure essential oils, and a potent 200mg of CBD per bath. Sore muscles melt, while body and mind are eased into a blissful state of relaxation that carries over beyond the bath, into daily wellness.

## NOURISH

## DETOX\* coming soon

## SOOTHE\* coming soon

- 100+ vital nutrients and trace minerals from the cold, nutrient dense waters of the Atlantic Ocean
- Moisture rich ingredients for vibrant, hydrated skin.
- Detoxifying and remineralizing clays, certified pure, from the most unspoiled sources on earth.
- 200mg of premium, full-spectrum CBD with a full medicinal cannabinoid profile.
- Third party tested for potency, microbiological contaminants, heavy metals, pesticides and herbicides, petroleum residues, and radioactivity.
- Certified organic, sustainably harvested sea plants protect biodiversity and the long-term health of our oceans.

NON-GMO, AND 100% FREE OF TOXIC PARABENS, DYES, PHTHALATES, SYNTHETICS, OR ARTIFICIAL PRESERVATIVES. CRUELTY-FREE AND ECO-CONSCIOUS, ALWAYS.

# Nourish Mineral Soak

120Z

*Breton French Grey Salt, the mineral rich base of this soak, is still traditionally harvested from the Guérande region of France. Fresh seawater, channeled into clay-lined ponds, is collected by hand using all wooden tools, ensuring the salts 80+ vital minerals remain pure, and intensely powerful.*

**What - Nourish body and soul with this luxurious blend of French sea salt, French sea clay, and vitamin rich sea plants, infused with 200mg premium full-spectrum CBD. Scented with wild harvested French lavender, sweet orange, and cedarwood.**

**Usage Directions** - Empty entire contents of packet into a comfortably hot bath, and swirl with fingers to combine. Immerse yourself, relax, breathe deep, and continue to soak for a minimum of 30 minutes, Without rinsing, wrap yourself in a towel and relax under a warm blanket for 15 minutes, drink plenty of water to rehydrate and rest.

**Ingredients** - French gray marine salt, concentrated Zechstein® magnesium oil, MSM (Methylsulfonylmethane), whole milk powder, montmorillonite (french green clay), laminaria hyperborea, ascophyllum nodosum, laminaria digitata, coral calcium powder, aloe, tapioca starch, titanium dioxide, wild French lavender oil, sweet orange oil, cedarwood oil, titanium dioxide.

- Concentrated Zechstein Magnesium and a custom blend of sea vegetation deeply saturate water, creating a "sea bath" full of rich vitamins and minerals.
- Packed with vital nutrients, Montmorillonite (french green sea clay) draws out toxins and impurities while softening skin.
- Certified organic Laminaria hyperborea, Ascophyllum nodosum, and Laminaria digitata, a trifecta of brown seaweeds; the most nutrient dense of all varieties.
- 140+ bioavailable minerals, vitamins, and phytonutrients.



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# Nourish Body Lotion

## 100mL

*All the same amazing properties of our Nourish Massage Lotion,  
in a lower dosage for at home use.*

**What - A magnesium rich remineralizing base,  
infused with full-spectrum CBD, CBG, and  
arnica.**

**Featured Ingredients** - A profoundly relaxing  
aromatherapy blend of wild french lavender,  
bergamot, and vetiver.

**Ingredients** - Water, Genuine Zechstein®  
magnesium chloride, organic vegetable glycerin,  
organic simmondsia chinensis (jojoba) seed oil,  
squalane (olive), cetearyl olivate, sorbitan olivate,  
organic cocos nucifera (coconut) oil, glyceryl  
stearate, cetyl alcohol, organic butyrospermum  
parkii (shea butter), xanthan gum, lactobacillus  
ferment, cocos nucifera (coconut) fruit extract,  
sodium hyaluronate, arnica flower extract, wild  
french lavender essential oil, organic bergamot  
essential oil, vetiver essential oil.

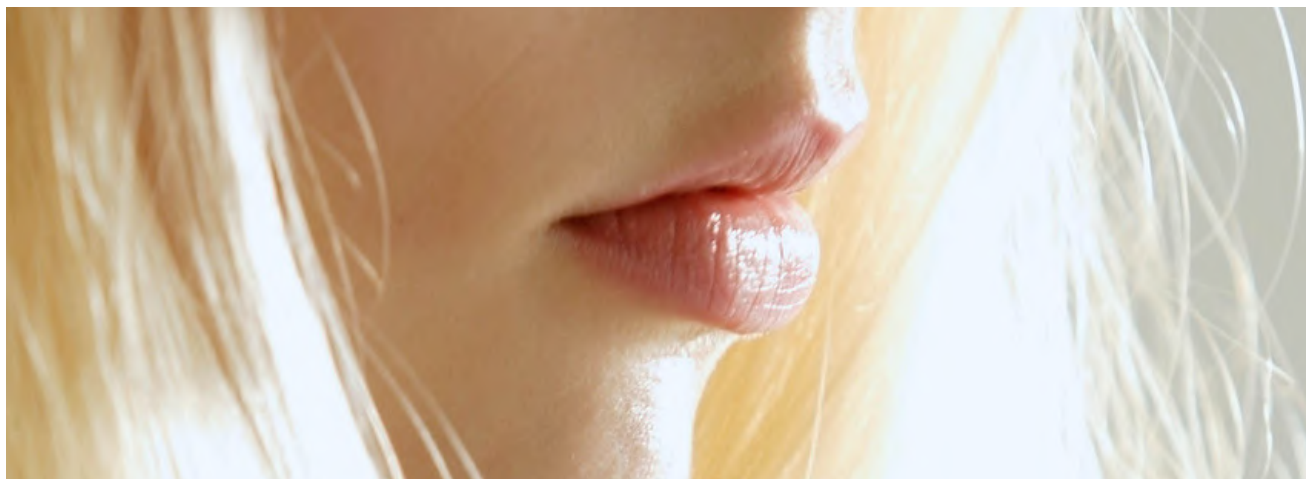
- Anti-Inflammatory/Pain Relief - 200mg CBD  
+ 100mg CBG.
- MSM (Methylsulfonylmethane), increases  
skin permeation of actives, and  
synergistically bonds with magnesium for  
increased absorption.
- Scientifically proven to be the preferred  
dosing method for magnesium deficiency.
- Formulated for even the most sensitive  
individuals.
- Supports - Reduced muscle aches, pains,  
cramping and spasms, Healthy skin and  
reduced outbreaks of eczema and  
psoriasis.
- Encourages- Increased sleep, increased  
energy levels and improved mood



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# Lip Collection

*Rich in powerful antioxidants and premium actives, each unique original formulation in the 'ärdärSPA lip collection works in tandem with broad spectrum CBD and CBG to encourage collagen production, smooth away rough dry skin, increase fullness, and enhance color, using 100% organic natural ingredients.*



- Anti-Inflammatory, pain relieving CBD and CBG calm swollen chapped lips while providing a micro-dose of cannabinoids with each application for overall improved lip health.
- Full formulations with zero fillers.
- Antifungal and antibacterial; helps control blisters and cold sores.
- Premium luxury ingredients that both indulge and heal; like certified UMF 25+ Manuka Honey, the most medicinal honey on the planet.
- Green Sea Caviar & Snow Mushroom extracts plump organically by increasing blood flow 500% better than Hyaluronic acid.
- Amaranthus Squalane, an exceptional natural emollient, prevents on going moisture loss instantly hydrating for smooth youthful lips.
- Cold-pressed seed oil and stem distilled essential oils, fresh harvested and extracted on site in France.
- Suitable for all skin types.
- European Ultraviolet glass packaging protects the integrity of delicate ingredients, keeping them fresher longer.

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# Lip Oil

## 10mL

*Lips don't contain the same oil glands used by the rest of our body to hydrate and moisturize, leaving them vulnerable to dryness, cracking, and flaking.*

*'ärdərSPA Lip Oil uses 100% natural organic ingredients to boost hydration and plump skin cells in the same way our body uses its own natural skin oils; leaving you with healthy beautiful lips.*

**What – A golden lip tonic featuring rich cold-pressed seed oils and premium organic botanical extracts that soothe, protect, and increase overall lip health.**

**Featured Ingredients** – *Snow Mushroom & Green Sea Caviar extracts plump by organically increasing blood flow 500% better than Hyaluronic Acid.*

**Ingredients** – *Prickly pear cactus seed oil, rosehip oil and hemp seed oil, amaranthus squalane, full-spectrum hemp extract, cbg isolate, soybean seed and licorice leaf extract blend, shea olein, moringa oil, black currant oil, cloudberry seed oil, evening primrose oil, raspberry seed oil, carrot seed oil, meadowfoam oil, pelargonium x asperum (madagascar geranium bourbon oil), wild lavender oil, cera bellina, vitamin e*



- 8 antioxidant rich seed oils, including Moringa; a deep penetrating light weight oil with a high concentration of cytokinins (potent plant hormones) that build collagen and stimulate cellular growth.
- Wild Harvested Lavender and Geranium Bourbon Oil, a soft floral with a herbaceous hint.
- 100mg CBD + 50mg CBG.
- With the highest concentration (8%) of all natural Squalane alternatives, Amaranthus Squalane mimics the skins own hydration system; deeply moisturizing in a way your skin understands.
- Topped with an ethically sourced cleansed crystal roller ball to impart good energy with each application \*100% reusable – includes refill suggestions.

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# Lip Balm

## 15mL

*'ärdərSPA Lip Butter, is an exquisite blend of 100% organic luxury ingredients designed to nourish and pamper lips into silky smooth perfection. Handcrafted with the finest moisturizing butters, antioxidant rich oils, and healing actives, this nutrient dense lip conditioner strengthens and protects while delivering critical relief for uncomfortable, delicate, and dehydrated skin.*



*What - A decadent soft creamy balm that instantly soothes dry cracked skin, calms inflammation, and keep lips healthy, hydrated, and youthful*

*Featured Ingredients - Collected in New Zealand from the nectar of a remote patch of Manuka bush, this rare certified 25+ Manuka honey is 63% more concentrated than any currently used in scientific research.*

*Ingredients - Beeswax, cera bellina, wax jelly, shea nilotica, triglyceride blend, cupuacu butter, cocos nucifera (coconut) fruit extract, manuka honey, avocado oil, amaranthus squalane, sea buckthorn, moringa oil, carrot seed oil, castor oil, pomegranate seed oil, raspberry seed oil, botanical sugar complex, plantain leaf, lemon balm (melissa), vitamin e, tremella mushroom, slippery elm extract, green caviar extract, wild lavender, orange oil.*

- Wild Harvested Lavender, Sweet Orange and Lemon Balm.
- 200mg CBD + 50mg CBG.
- Ugandan Shea Nilotica, a rare subspecies of Shea, containing high levels of vitamins A and E, along with 25% more fatty acids, for healthier plumper lips.
- Coconut Lipids deliver critical macronutrients, seal in moisture, and protect the health and integrity of delicate lip skin, both initially and over time.
- Cassava root increases cellular viability, providing a nutrient rich.

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# Exfoliating Enzyme Lip Masque

## 30mL

*Overzealous scrubbing of delicate lip skin can sometimes cause more harm than good.*

*'ärdärSPA Exfoliating Enzyme Lip Mask utilizes powerful plant enzymes to naturally dissolve away dead, rough, and dry skin without causing further trauma to the lips, the way traditional lip scrubs can. The thick natural jelly base allows the exfoliating actives to stay in place during treatment, then afterward, the light concentration of manual exfoliating ingredients buff away remaining skin to reveal nourished supple lips beneath.*

*What - A soothing lip jelly full of powerful plant enzymes that gently remove rough, dead, flaky skin; leaving lips rejuvenated, and highly moisturized*

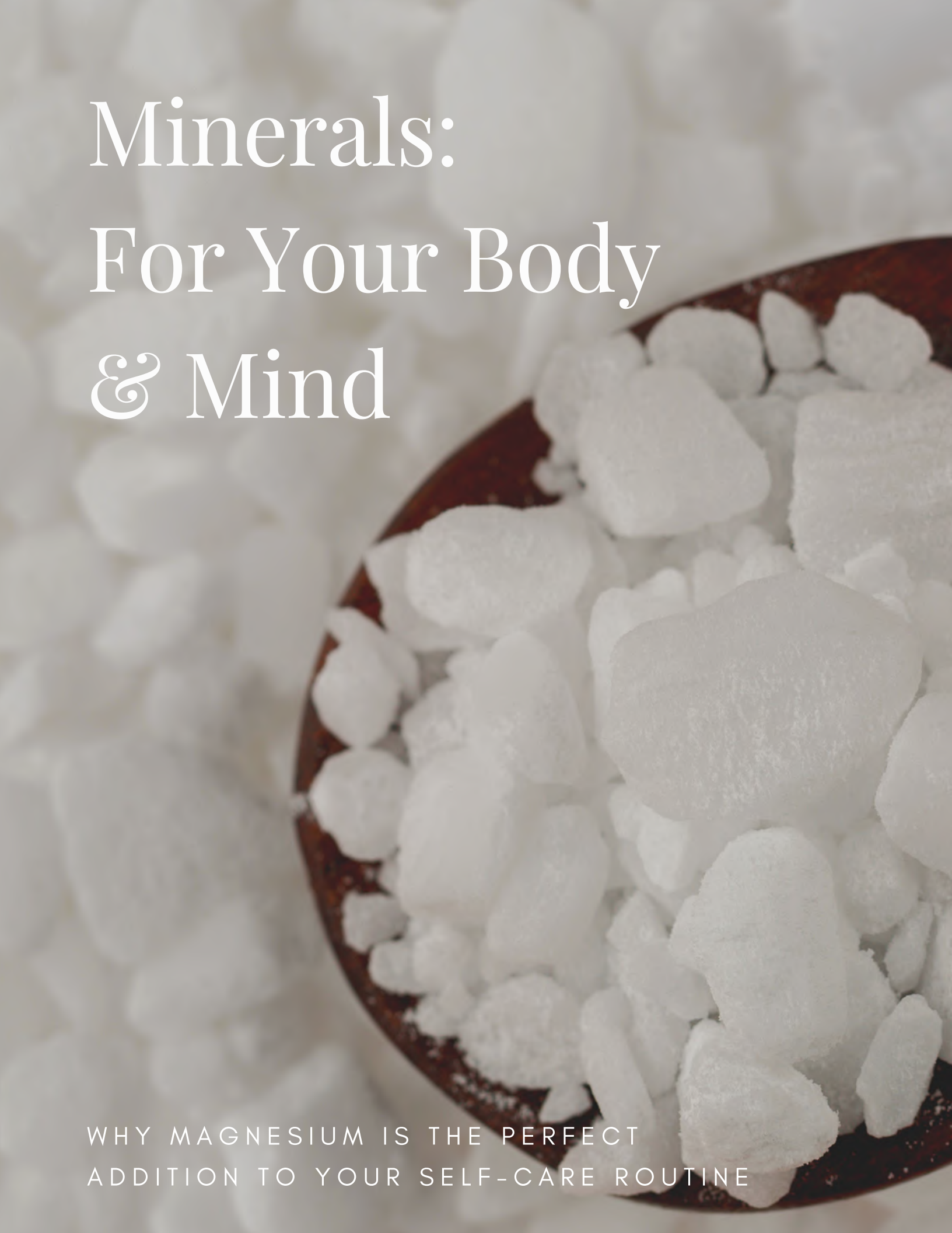
*Featured Ingredients - Natural fruit enzymes, pineapple, papaya, and cranberry, work together to gently remove the outer most layer of dead skin cells; improving overall lip health with rich phytonutrients for a more vibrant rejuvenated aesthetic.*



*Ingredients - Shea butter nilotica, natural wax jelly, coconut lipids, organic cane sugar, pineapple enzymes, papaya enzyme, cranberry enzymes, raspberry seed powder, blueberry seed powder, bromelain powder, white willow bark, phytocide elderberry, manuka honey, vitamin e acetate, CBD, CBG, ecomulse, cera bellina, stearic acid, orange peel powder, slippery elm, orange oil, cloudberry oil, lingonberry seed oil, blueberry seed oil, black currant seed oil, pomegranate seed oil*

- A blend of 3 power fruit enzymes, Pineapple, Papaya, and Cranberry, gently break down keratin protein, exfoliating dead skin cells and leaving behind fresh healthy lips.
- 100mg CBD + 50mg CBG.
- Super fine organic cane sugar, raspberry and blueberry seed powders provide gentle manual exfoliation.
- 8 antioxidant rich cold-pressed seed oils, including Cloudberry; an unusually potent, deeply nourishing Nordic super fruit that encourages collagen replenishment and cell regeneration.
- White Willow Bark, and certified 25+ medical grade Manuka honey offer powerful healing relief for damaged cracked lips.

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# Minerals: For Your Body & Mind

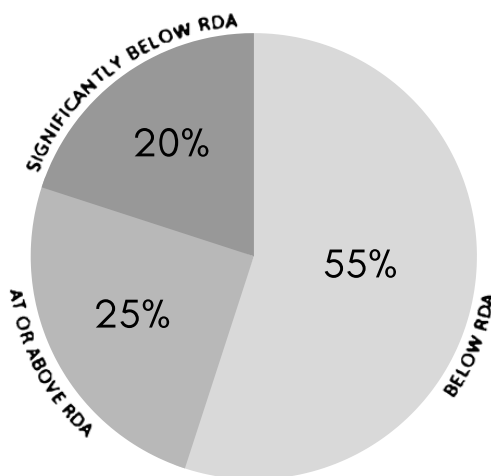
WHY MAGNESIUM IS THE PERFECT  
ADDITION TO YOUR SELF-CARE ROUTINE

Recent studies have shown that up to 80% of Americans are deficient in magnesium, with symptoms of deficiency ranging from mild to severe. This essential mineral is vital for over 325 biochemical reactions in the body, and lack of it has been proven to negatively impact sleep quality, muscle, and nerve function. Many of our 'ärdärSPA products are designed to combine the profound healing abilities of CBD and CBG heavy hemp extract, with topical magnesium therapy; for extended relief that transitions into full-time wellness.

## Signs of Magnesium Deficiency

### U.S. INTAKE OF MAGNESIUM

Only 25% of U.S. adults consume the Recommended Daily Allowance (RDA) of magnesium.



### Top 5 Signs

1. Irritability and anxiety
2. Lethargy
3. Muscle cramping
4. Muscle spasms
5. Difficulty sleeping

### Benefits of Magnesium:

- Improve sleep
- Reduce anxiety and stress
- Regulate the nervous system
- Elevate mood
- Increase energy
- Relieve muscle aches, pains, and spasms
- Support cardiovascular health
- Strengthen bones and teeth
- Stabilize blood sugar
- Balance hormones and increase DHEA
- Boost the immune system
- Reduce headaches
- Alleviate skin conditions such as acne, eczema, psoriasis, and dermatitis
- Detoxify the body



# More Than CBD

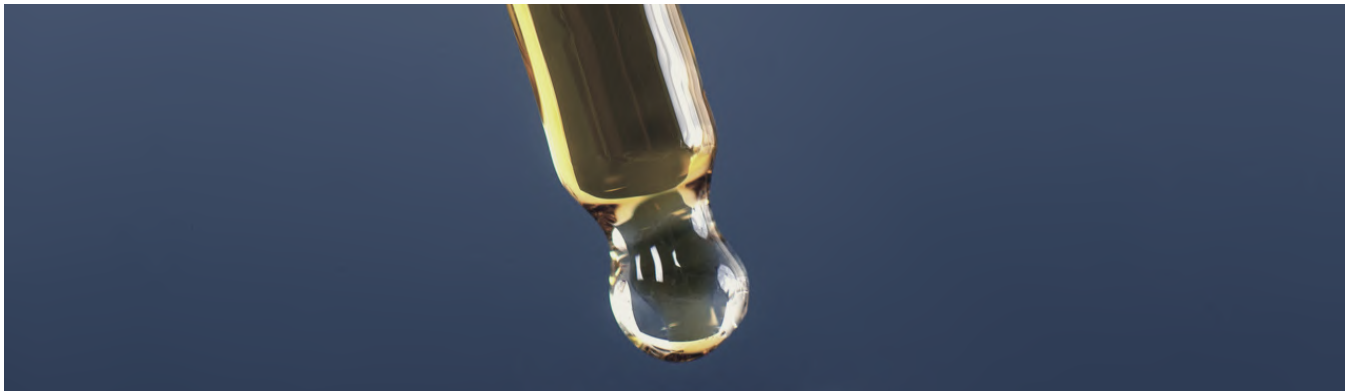
The term "Cannabidiol" may seem unfamiliar, but it's actually the formal name for the biggest health trend in the world right now, CBD.

CBD is one of the 100+ cannabinoid compounds found in the cannabis plant, which has been used for its medicinal properties for thousands of years. Currently, the CBD products widely available for purchase are sourced from hemp, which is the official term for cannabis that contains less than .3% THC, the well-known psychoactive compound.

Practically every industry; from beauty, to food, and even pet-care, is rushing to utilize its unique attributes in some way. Unfortunately this steep rise in the popularity of CBD infused products, followed by the subsequent hurry to get them to market, has only left many people confused. To fully benefit from this incredible adaptive plant medicine, it's important to understand not only what it is, but also how it works, and where it comes from.

The most important thing to understand about CBD, is the fact that it's only one instrument in an orchestra of medicinal cannabinoids found within cannabis. THC, CBD, CBN, CBC, CBG; the list is vast, and each have their own unique qualities and healing potentials. For example, Cannabigerol (CBG) is utilized in higher concentrations along with CBD in many of our arderspa products. CBG is known as the "Mother Cannabinoid"

because of its role as the parent molecule, or precursor, to CBD and THC. Present in low concentration in most cannabis plants, CBG is quickly becoming the next sought after cannabinoid, with several studies revealing CBG's potential as a powerful anti-inflammatory, anti-proliferative, and anti-bacterial agent. This is only one of the reasons we focus on keeping our hemp extracts as whole as possible.



## **THERE'S A BIG DIFFERENCE BETWEEN USING ISOLATED CANNABINOIDS AND FULL-PLANT EXTRACTS**

Many people aren't aware there's a big difference between products made with isolated cannabinoids, versus full-plant extracts. Products containing isolated compounds typically only benefit from a singular cannabinoid. While this may still result in a decent product, the potential healing capabilities are greatly reduced. Full-plant extracts on the other hand, take advantage of what's known as "synergistic effects". When cannabinoids are present together, the individual effectiveness of each is increased.

That means that not only would someone be able to benefit from the CBD and any other cannabinoids present, those active compounds are able to act more efficiently, creating a superior product. 'ärdärSPA is passionate about utilizing all the medicinal capabilities the natural world has to offer, in the most holistic way possible. That's why all of our products contain a full-spectrum of cannabinoids, from organically grown hemp, enabling us to benefit from all this amazing plant has to offer.

An underwater photograph showing a school of small, reddish-brown fish swimming in clear blue water. The water is filled with various types of seaweed and coral, creating a vibrant and healthy marine environment. The text is overlaid in the center in a white, serif font.

UTILIZING  
THE  
HEALING POWER  
OF THE  
SEA

# INGREDIENT SPOTLIGHT: SEAWEED

Sustainably hand-harvested in the cold waters of the Atlantic Ocean.  
Our seaweeds are 100% naturally grown and organically certified.



Responsible for purifying and maintaining the ecological balance of the ocean, seaweed has the incredible ability to mimic this vital role within our bodies. Already possessing an array of vitamins and nutrients, the ocean water purification process imbues seaweed with a number of vital minerals such as magnesium, zinc, iron, calcium, and iodine.

Seaweed containing products can provide immeasurable benefits; from renewing precious vitamins and minerals, rehydrating skin, promoting collagen production, and helping to relieve symptoms of skin conditions like eczema and psoriasis. This long list of benefits is the reason seaweed is used in some of the finest spas and products around the world.

Like clay, seaweed is a powerful detoxifier, with a penchant for trapping toxins and heavy metals. Because of this, where seaweed is sourced is of the utmost importance. 'ärdärSPA seaweed is hand-harvested via sustainable methods, in the cold Atlantic Ocean waters, where extensive environmental testing takes place to assure absolute purity.

For information on how to apply for a  
wholesale account, or to find out where  
our products and therapies are offered,  
please visit:

[arderbotanicals.com/spa](http://arderbotanicals.com/spa)

